

Allergies, ADHD, Autism, Learning Delay, or chronic illness?

Learn from world experts on how biomedicine, allied treatments and neuro therapies can help a child reach their full potential.

Allergies and nutritional deficiencies are often misdiagnosed as ADHD or behavioural disorders. Chronic infections often reoccur until germs are accurately identified and treated. Toxicity often drives both allergies and infections. The metabolic-immunologic-neurologic-digestive systems are all closely linked and require an integrative approach to achieve optimal mental and physical health. Treating underlying causes reduces the need for treating symptoms with antibiotics, psychostimulants, histamines, puffers, cortisone cream and surgery.

More importantly, an integrative approach can help prevent disease.



Integrative Solutions

Seminar March 7, 2009

Would you ask a child with a broken leg to run faster? Asking a child with ADHD or learning delay to sit still or study harder is equivalent if there is an underlying medical condition.

Nutritional deficiencies, infections and toxicity of heavy metals and chemicals are behind the alarming rise in childhood disorders.*

Integrating biomedicine (digestive health, diet, nutritional medicine, and detoxing) along with other therapies can greatly improve outcomes. The key is an individualised approach by a trained practitioner.

* *Dr. Kenneth Bock, Healing The New Childhood Epidemics*

Integrative care can help treat a wide range of symptoms that include;

ADHD
allergies
Asthma
Autism
anxiety
bedwetting
behavioural issues
chronic infections
depression
digestive disorder
dyslexia
dyspraxia
eczema
food sensitivities
memory recall
motor coordination
reflux
sleeplessness
stinky breath

Did you know?

- 1 in 165 US, 1 in 150 UK and 1 in 120 Australian children are diagnosed with Autism?*
- ADHD, allergies, autism, asthma often share an underlying chemistry characterized by nutrient deficiencies, infections, and toxicity.**
- 70% of the neurotransmitters in your brain are also in your gut
- A healthy diet is not adequate if the gastro intestinal tract is not properly absorbing nutrients.
- Antibiotics, "the pill", refined carbohydrates, lack of breast-feeding, heavy metals and chemicals all disrupt the microbe balance of the GI tract which can lead to gut & immune disorders and nutritional deficiencies.
- Seemingly healthy foods like milk, bread, soy, egg and corn can adversely affect concentration, behaviour and immunity in a person struggling with digestive disorder, intolerances or allergies.
- Nutritional deficiencies can cause ADHD, allergies, eczema, asthma, speech issues, sleeplessness, hyperactivity, chronic fatigue, poor concentration, chronic illness and more.

* *US CDC, UK Dept Health*

** *Dr. Kenneth Bock, Healing The New Childhood Epidemics*

Event Details

Time: 9am-5pm

Date: Saturday March 7, 2009

Place: The Sebel, Albert Park

Cost: \$165/person

Go to page 2 for more information and a printable registration form or [Click here](#) to register now!

Metabolic
Immuno
Neurological
Digestive
Disorders

The Rational Use of Biomedical Treatments Paul Shattock (B.Pharm, Dip.Ag.Vet.Pharm, OBE) UK

People with Autism and related disorders differ markedly in their symptoms which reflect a variety of genetic variations and environmental triggers. Biomedicine effectively treats the individual by focusing on thorough medical assessment, testing and treatment. *Paul Shattock is a world leader in biomedical intervention in Autism and helped pioneer the GF/CF diet. He is Chairman of ESPA which provides ASD services in the UK and is Hon. Secretary of the World Autism Organisation.*

Oxidative Stress; Symptoms & Treatments Woody McGinnis US

Emerging research indicates oxidative stress from toxicity, infections and allergies is damaging the brains of Autistic children. Oxidative stress is also a key component of Asthma, allergies, eczema and ADHD. *Dr. Woody McGinnis coordinates the Oxidative Stress in Autism study, a multi-center effort measuring a range of oxidative markers in the urine, blood and central nervous system. He has published numerous articles and is a world leader in biomedical research.*

Infections, Dysbiosis & Mindd Dr. Robyn Cosford

Environmental toxins, diet, medication, hereditary factors and stress all play a part in a weakened immune system. Underlying infections can impact on health and concentration and play a large part in immune and neuro disorders such as Autism, ADHD and allergies. *Dr. Robyn Cosford is founder and Director of the Northern Beaches Care Centre where she combines Homeopathy, Acupuncture, Kinesiology and Orthodox Medicine to treat the whole person.*

The Brain-Immuno-Gut Connection Jacques Duff, MAPS,MAAAPB, MECNS, MISNR

Dozens of studies confirm the interplay between digestive disorder, infections and neuro issues such as anxiety, ADHD, and learning delay. *Jacques Duff is founder and Director of the Behavioural Neurotherapy Clinic in Melbourne where they combine Orthodox Medicine, diet and neuro-psychology to treat children and adults.*

Neuro-Therapies Martha Mack, BSci, Grad.Dip.Counsel, MAPS, MIARCTC, MANSA.

Sensory Processing Disorder affects a child's perception of the world by altering their ability to hear, see, taste, touch, do and experience. Early assessment and treatment of deficits in auditory & visual processing, Primitive Reflex Integration and motor coordination can help a child's language, literacy and behaviour. *Martha Mack is the founder of the Listen And Learn Centre in Melbourne. Her multidisciplinary approach includes Sound Therapy, Neurofeedback, Fast Forward, Interactive Metronome and counselling.*

Choosing the Right Diet? Karen Wheelwright

Special diets can alleviate a range of ASD issues including asthma, allergies, ADHD, eczema & digestive disorders. Feingold, Gluten-Free/Casein-Free, Specific Carbohydrate, Gut And Psychology Syndrome and low phenol, oxalate & salicylate diets can all be very effective in the right individual. *Karen Wheelwright, formerly a nurse, reversed her son's ASD diagnosis and is now a Biomedical Coach who runs the Autismdietaustralia yahoo group.*

Sydney - Mindd International Forum On Children 16-19 May '09

Biomedicine, Nutrition, Allied Treatments, Neuro-Therapies

Integrative Solutions for ADHD, Asthma, Allergies, Autism, Infections, digestive disorder, learning delay and more

Find out how Integrative healthcare that includes biomedicine (diet, detoxification, digestive health and nutritional medicine) allied therapies and neuro-development can optimise a child's mental and physical health. Best outcomes lie in a professional team well-trained in assessing and treating the individual and in parents-carers able to manage treatments and compliance.

- Science Stream; Professional training in Biomedical intervention with Defeat Autism Now! The latest in biomedical and integrative research, assessment, testing and treatment. DAN! and RACGP accreditation.
- Expo promoting Mindd-endorsed products and services for diet, nutritional medicine, lifestyle, healthy home, education, neuro and behavioural therapies.
- Carer Stream; Education for parents, educators and carers in how to optimise mental and physical development with proper selection and sequencing of biomedicine, allied therapies and behavioural and neuro-therapies; how to create a safe home and environment; how to prepare delicious foods that nourish your child; understanding therapies (auditory, visual, sensory integrations, retained primitive reflexes, allergy elimination)

Keynote Speakers

Dr. Elizabeth Mumper (USA),
Education Director, Defeat Autism Now!,
Medical Director, Rimland Center

Dr. Bryan Jepson (USA), author,
Changing The Course of Autism,
Medical Director, Thoughtful House

Dr. Woody McGinnis (USA/NZ), Director
Oxidative Stress in Autism Study,
Autism House, NZ

Julie Matthews (USA),
author, Nourishing Hope

Registration Form

Time: 9am - 5pm
Date: Saturday, March 7, 2009
Place: The Sebel, Albert Park
Cost: \$165/person

Advanced bookings essential. Please make all payments by cheque, bankdraft or money order to Mindd Foundation.

To reserve a place, please register at www.mindd.org or send this form with payment to:

Mindd Foundation Pty Ltd
PO Box 151, Vacluse NSW 2030

Visit www.mindd.org for cancellation terms & conditions.

Integrative Solutions Melbourne

First name _____ Last name _____
Address _____
Email _____
Phone () _____ Fax () _____

Please tick your area of expertise:

- Parent/guardian Paediatrician Speech/language
 Practitioner (please specify) Other (Please specify)

Do you have specific questions? _____

Where did you hear about our events?

- E-flyer Print Ad Practitioner Radio Friend
 Print flyer (Where did you find it?) Other (Please specify)